

Bluffers Basin Concussion Protocol

(Rowan's Law)

Owner's / Skipper's Responsibility

People who race competitively are part of a team and the owner / skipper is responsible for ensuring that the procedures laid out by Rowan's Law are followed. The Bluffers Basin Race Management Committee (BBRMC) requires all owners' and skippers' to be responsible for concussion awareness and removal from-sport procedures under Rowan's Law for their crew.

By registering for an BBRMC race or regatta you as owner / skipper agree to accept that responsibility and to comply with the following concussion management procedures. If you will not be skipper (the person in charge or PIC) on your boat for the race, you must ensure that your appointed PIC will comply with these procedures on your behalf.

Before competing, you must:

- Read the Ontario Government Concussion Awareness Resource and the Ontario Sailing Concussion Recognition Tool
 - <https://ontariosailing.ca/wp-content/uploads/2021/10/MTCS-Concussion-Awareness-Resources-15-and-up.pdf>
 - <https://ontariosailing.ca/wp-content/uploads/2021/10/Concussion-Recognition-5.pdf>
- You must then read and agree to Ontario Sailing Concussion Code of Conduct – Athlete and Participant
 - <https://ontariosailing.ca/wp-content/uploads/2021/10/OS-Concussion-Code-of-Conduct-Athlete.pdf>
- you must require any crew member under 26 to confirm that they have read the Concussion Awareness Resource and that they have read and agreed to the Ontario Sailing Concussion Code of Conduct – Athlete and Participant.
 - <https://ontariosailing.ca/wp-content/uploads/2021/10/OS-Concussion-Code-of-Conduct-Athlete.pdf>

You must immediately remove a member of your crew from competition if you suspect they have sustained a concussion and then:

- call 911 if in your opinion doing so is necessary
- report the incident to the Rear Commodore or equivalent at any BBRMC club and your home club
- If the crew member is under 18, advise their parent or guardian of their removal
- advise the crew member (and their parent or guardian if they are under 18) that they should undergo a medical assessment by a physician or nurse practitioner and that they must follow the Ontario Sailing Return to Sport Procedures.

<https://ontariosailing.ca/wp-content/uploads/2021/10/OS-Concussion-Management-Policy-V2-August-2019.docx.pdf>